

Clear, Peachy Skin Awaits Anyone Who Drinks Hot Water

Says an inside bath, before breakfast, fast helps us look and feel clean, sweet, fresh.

Sparkling and vivacious—merry, bright, alert—a good, clear skin and a natural, rosy, healthy complexion are assured only by pure blood. If only every man and woman could be induced to adopt the morning inside bath, what a gratifying change would take place. Instead of the thousands of sickly, anemic-looking men, women and girls, with pasty or muddy complexions; instead of the multitudes of "nerve wrecks," "rundowns," "brain fags" and pessimists we should see a virile, optimistic throng of rosy-cheeked people everywhere.

An inside bath is had by drinking each morning, before breakfast, a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver, kidneys and ten yards of bowels the previous day's indigestible waste, sour fermentations and poisons, thus cleansing, sweetening and freshening the entire alimentary canal before putting more food into the stomach.

Those subject to sick headache, biliousness, nasty breath, rheumatism, colds; and particularly those who have a pallid, sallow complexion and who are constipated very often, are urged to obtain a quarter pound of limestone phosphate at the drug store which will cost but a trifle, but is sufficient to demonstrate the quick and remarkable change in both health and appearance, awaiting those who practice internal sanitation. We must remember that inside cleanliness is more important than outside, because the skin does not absorb impurities to contaminate the blood while the pores in the thirty feet of bowels do.—Adv.

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PUTNEY.

MEMORIAL WEEK EXERCISES.

Address on Memorial Day by Judge T. E. O'Brien.

The program for Memorial week was carried out as planned and was very successfully done. On Sunday Rev. Mr. Crippen gave a strong sermon along patriotic lines, the G. A. R. and W. R. C. attending the services. Sunday afternoon services were held in Pierce's hall in East Putney.

On Thursday afternoon the children held pre-Memorial day exercises, for which the teachers, Miss Mary Turner, Miss Gladys Ward, Miss Florence Follett and Miss Jessie O'Connor, deserve much credit. The children gave their program with an enthusiasm and precision which showed their patriotism and good training. The hall was decorated by the teachers, and the blues and wild cherry blossoms against the green scenery made a very pleasing decoration, with guns stacked and flags to give it a patriotic touch.

On Memorial day the usual program was carried out. The G. A. R. went to Dunsmuir in the morning to attend exercises there, returning here for dinner.

At 2 o'clock there were exercises in the town hall, which opened with patriotic music, a chorus under the direction of Mrs. W. E. Parker, leading the singing in which all could join. Rev. Mr. Crippen offered prayer. Constance Knight read Lincoln's address at Gettysburg in a very pleasing way.

After the opening exercises Judge T. E. O'Brien of Bellows Falls delivered an address which was stirring and eloquent and was received with much favor. The exercises closed with the singing of America, and the procession formed to march to the cemetery to decorate the graves of the soldiers. Miss Fanny Prouty on horseback acted as marshal. Col. Greenwood post, No. 90, G. A. R. which now consists of seven members, rode in an automobile. They were escorted by the Col. Greenwood W. R. C. No. 65, and the Sons of Veterans and five of the boys in uniform, home from service in the late war, Private (first class) Frank F. Ketchum courteously acting as color bearer for the G. A. R., both here and at Dunsmuir. The school children carrying flags made a pleasing addition to the parade, which went first to the Maple Grove cemetery and then to Mount Pleasant cemetery. A drum corps from Brattleboro furnished music for the marching.

Death Comes to W. H. Loomis.

William H. Loomis, 78, died in his home in East Putney at 9 o'clock Tuesday morning. He had been a constant sufferer with cancer the past four years.

He was born in Springfield, Mass., April 29, 1841, and for the greater part of his life lived in that city.

For 37 years he was janitor of schools in Springfield, being the oldest janitor at that time. He retired from that work six years ago last fall and moved to East Putney to live on the farm with his sons.

On Feb. 22, 1883, he married Marcia E. Ware of Townsend, and of this union 10 children were born, three dying in infancy. Mrs. Loomis died April 1, 1915.

He leaves seven children, Clifford W., of Springfield, Mass.; Robert G., Howard C. and Carroll K., of East Putney; Mrs. Edward R. Burgess of Brookfield, Mass.; Mrs. Edward J. Wells of Northampton

MAJ. J. C. P. WOOD



Maj. J. C. P. Wood is the British aviator who intends to fly from Ireland to Newfoundland. On the first lap of his trip, from East Church, England, to Limerick, he fell into the Irish sea but was uninjured.

and Mrs. Lee M. Still of East Weymouth, Mass. He also leaves 19 grandchildren. The funeral was held in Springfield, Mass., Thursday afternoon at 2 o'clock in the Dickinson chapel, and the body was taken to West Springfield for burial.

J. W. Shelley of Greenfield, Mass., is town for a few days.

Miss Freda Pember of Bellows Falls was in town Friday.

Mr. and Mrs. Fred Neil are entertaining guests from Connecticut.

A large number from here attended the sacred concert at Northfield seminary Saturday night.

Miss Florence Follett went Friday morning to West Brattleboro to visit her aunt, Mrs. Mann, over the week-end.

Mr. and Mrs. F. W. Dodge and son, William Robertson Dodge, came Friday to spend the week-end at F. E. Robert's son's.

Mrs. Eugene Howe and granddaughter, Ramona Cutting of Brattleboro, are staying at the Howe house in Putney, a few weeks.

Mr. and Mrs. John Henry Braley of Roxbury, Mass., were with his mother, Mrs. R. H. Braley of West Hill, over the holiday.

Mr. and Mrs. Francis White were guests over Friday and the week-end at the home of his aunt, Miss Sophia White, on West Hill.

Mr. and Mrs. Henry T. Coe arrived at their summer home from Wellesley Hills Friday, Mr. Treadway going for them with an automobile, leaving here early Friday morning.

Many were disappointed that the reels of the marching of the 26th division in

Boston did not come so it could be shown at the moving pictures Friday evening. For some reason they failed to arrive.

Mr. and Mrs. Frederick Pember of Kingston, R. I., Dr. Edmund Burnham and three friends of Boston, Mrs. Henry Burnham, Mr. and Mrs. Charles Bristol of Claremont, N. H., and Hollis Cobb of Chicopee Falls, Mass., were present at the exercises Memorial day.

Miss Lucy G. Swift, home demonstrator for the home economics department of the Farm Bureau, will be in Putney Thursday afternoon June 12, at 2 o'clock at Nellie N. Clark's, where she will demonstrate the making of a fireless cooker. Miss Swift at that time will make a fireless cooker and anyone who is interested may come and see it made. It is hoped many will avail themselves of this opportunity. Miss Swift and Miss Luce were in Putney and formed a canning club.

TOWNSHEND.

Women Members Declared Victors.

At the West River Grange meeting Friday, May 23, the women members were declared victors in their program contest with the men. The contest was very close, the judges' decisions being that, although the men's entertainment was more humorous throughout, the program given by the women showed more ability and originality. The numbers included choruses, recitations, three original poems, a series of illustrated songs and a farce entitled The Theatre Tickets. A unique feature was the reading by Mrs. Francis Snow, a charter member of the Grange, of an original poem written by Mrs. E. L. Hastings, another charter member, for the first ladies' night ever held in West River Grange, probably 40 years ago.

The families of the members were invited to be present and the hall was well filled. A social time with marching was enjoyed by all after the program.

It was planned that a box social should be held in the near future.

DOVER.

Accepts Call to Baptist Church.

Rev. C. O. Dunham of Georgia (Vt.) has accepted a call to become pastor of the Baptist church in Dover. He will begin his pastorate in about two weeks. In a letter to the church and parish he writes:

"Greetings: I received your official communication voicing your choice of pastor. I accept the call to become your pastor and will endeavor to be on the field to take up the work with you on or before June 15, 1919. May the ties that make us one be richly rewarded of God."

I thank you for the kind thoughts toward me and may they ever increasingly be expressed for the glory of God. Praying that one spirit, the spirit of Christianity, may characterize all our work, I am, your servant for Jesus' sake, C. O. Dunham."

FORCING PLANTS.

Using Artificial Light to Increase Their Growth.

To force the growth of plants by the use of artificial light is not a new idea, but the system hitherto has been too expensive in proportion to obtainable results.

Recently a man engaged in horticulture discovered an efficacious method of applying light for this purpose. Arranging in winter quarters his plants as he wished them to grow, he supplies a lamp with mercury vapor for fuel and the seeds germinate in less than half the ordinary time, while the vigor and intensity of the color of the flowers is superior to that of the product grown naturally.

Another curious phenomenon noticed in connection with this action of light is an infinite multiplication of the downy substance commonly found on stems. Those grown in shadow have the stems relatively bare. Very good practical results have been obtained by this system.

I Do Not Like Your Mother.

I'm goin' home! Your maw says not to climb the gate-post none, And she fussed at me thes because I pulled the kitten's tail, An' she told me not to throw sticks an' make the collie run, An' she fussed 'cause I put my foot in the rainwater pail; An' she was mad because I put mud in the baby's hair, An' 'cause I took the clothes prop out an' let down all the clothes, An' 'cause she stepped onto my cart, where it was on the stair, An' she says to go home an' let my mother wipe my nose.

I do not like your mother! She ain't nice to folks at all; She says that children musn't chuck at people goin' by, An' she got fussed because, she said, I made the baby fall, An' I cut off your eyebrow an' got whiskers in your eye; An' I am goin' to go home to my maw, so, I am, An' I will get a piece of cake an' won't give none to you! My mother loves me, an' she says 'at I'm her preshure lamb, An' she don't fuss an' holler at me ever'thing I do.

—Judd Mortimer Lewis.

The British Institution of Naval Architects has unanimously decided to admit women as active members.

LORD INCHCAPE



Lord Inchcape is one of England's greatest financiers. He is a director of the Suez canal company and chairman of the British Indian Navigation company.

NORTHFIELD, MASS.

New Road Completed.

Northfield seminary has completed the new road from the east end of Schell bridge along the Connecticut river, winding easterly to join Main street at Bonar hall. This road has been under construction for about a year. It is about a quarter of a mile in length and an excellent piece of road construction. In building the road it was necessary to cut out many of the trees on the river bank, which gives a beautiful view of the river, where before this part of the South Vernon road was closed in by banks. The road at the east end of the bridge has been much widened, allowing a wide curve at the bridge. This strip of road formerly was narrow and dangerous, but it is now greatly improved in appearance and for safety.

Robert and Harry Murray are visiting their mother in Nova Scotia.

Mrs. A. M. Solandt and daughter have gone to join Mr. Solandt at the farm he has bought near Bellows Falls.

John Fisher is recovering from bronchial pneumonia. His brother, James Fisher of Winchester, visited him last week.

N. W. Keet and W. A. Priest had charge of the meeting of the Grange Tuesday evening and presented a miscellaneous program.

Roy Stratton, who has been in the U. S. aviation service 18 months, has been discharged and will remain at home this summer.

Mr. and Mrs. Herbert Bolton had a family reunion over the week-end. Twenty were present and they were photographed by Levering photographer. Dr. and Mrs. Harris Bolton and daughter returned to Montana Monday.

Daniel O'Keefe, 70, died at the home of his son, Charles O'Keefe, in Boston May 26. The body was brought here and the funeral held in St. Patrick's church Wednesday, May 28. He came to this town from Ireland nearly 50 years ago. He owned a small farm and was a mason by trade. He leaves his wife, his son, three grandchildren, also one sister, Mrs. Cornelius O'Keefe of this town. Other relatives who were here for the funeral were Robert O'Keefe of New Brunswick, N. J.; Mrs. Kitty Sullivan of Holyoke, Mrs. Annie Grace Joyce and John Grace of Salem. The burial took place in St. Mary's cemetery.

A large audience enjoyed the organ recital given Monday evening in the Auditorium by Prof. W. C. Hammond of Mount Holyoke college. The programs were explanatory of the compositions and of their composers. A fantasia with the theme, Maryland, My Maryland, continually and variously repeated was very pleasing. This composition has been dedicated to Prof. Hammond by N. H. Allen. The time is the accepted song of Mount Holyoke college. Prof. Hammond was assisted by William Lippmann of Holyoke, who rendered vocal selections, and by Miss Viva Faye Richardson, pianist. All were warmly received.

The Family Banker.

A youngster on his initial visit to church was extremely interested when his father started to take up the collection.

Unable to stand the strain, he deftly eluded his mother and attached himself as a convoy to papa, following him down the aisle with his eyes growing larger and rounder as the money flowed in.

This method of obtaining wealth was new to the lad, but he thought he knew its destination, and as the ushers reached the rear of the church and turned for the solemn march to the pulpit his voice rang over the room: "Give it to me, dad, I can take it to mama!"—Rehoboth Sunday Herald.

A good citizen is one who hopes for the best, prepares for the worst, and grins regardless of the event.

HINSDALE, N. H.

Death of W. D. Ferrin.

William D. Ferrin, who had been associated with H. C. Holland in the hotel business here nearly 30 years, died Wednesday morning after being confined to the house less than three weeks by a chronic trouble.

Mr. Ferrin was born in Hartland, Vt., a son of Daniel F. and Lois (Washburn) Ferrin, and the family came to Hinsdale in 1870. He attended the local schools, Powers Institute in Bernardston and a business college in New Haven, fitting himself for pay master and cloth inspector in the old Haile & Frost woolen mill, where he retained the position as long as they did business. In running the hotel here nearly 30 years he made a large acquaintance and many friends.

Having never married he shared the home of his sister, Mrs. Holland, where his love and devotion was lavishly given to the family consisting of two nieces, Miss Grace Robertson of this town and Mrs. W. E. Belleville of South Chelmsford, Mass., two nephews, Daniel F. Roberts of Woburn, Mass., and Roger F. Holland.

Mr. Ferrin was a member of Golden Rule lodge of Masons, Hugh de Payne commandery and the Aleppo shrine. The funeral was held Saturday afternoon at the hotel at 2 o'clock.

John E. Scott has bought a new automobile.

Willis E. Veler of Philadelphia recently spent a week with his brother, Fred Veler.

Mrs. E. L. Smith has returned to Barre, Vt., after several days spent with Mrs. Anna Tilden.

Mrs. Anna Tilden went Tuesday to Clinton, Mass., to attend the funeral of Martin Perkins, formerly of this town.

A shaft broke at the Hinsdale Woolen Co's mill Tuesday afternoon, forcing all the employees to go home for a day or two.

Wapahooka council, No. 37, observed its second anniversary Monday evening and the degree work on 10 candidates was carried out. Visitors from various councils included the great Poehontas of Epping, N. H., Great Minnehaha Catherine Wessons of Manchester, Great Keeper of Wampum Flora A. Blodgett, Great Guard of the Forest Gertrude M. Roscov of West Swazey and Mary Jane Labonte of East Jaffrey. Grand officers from West Swazey, Keene, Fitzwilliam and Claremont, N. H., also were in attendance. A bountiful supper was served.

The number of business and professional women in the United States is estimated at 11,000,000.

MRS. MAY COULD NOT WORK

Made Well and Strong by Lydia E. Pinkham's Vegetable Compound.

Columbia, Pa.—"I was very weak and run down and had dragging-down pains and pains in my back. I could not get around to do my work and had to sit down and rest oftentimes. I saw Lydia E. Pinkham's Vegetable Compound advertised in the papers and read the testimonials, so I thought I would try it. Now I am healthier than I ever was in my life, and can recommend it to any woman who suffers as I did."—Mrs. ELIZABETH MAY, R.F.D. No. 1, Columbia, Pa.

The reason Lydia E. Pinkham's Vegetable Compound is so successful in overcoming woman's ills is because it contains the tonic, strengthening properties of good old fashioned roots and herbs, which act on the female organism. Women from all parts of the country are continually testifying to its strengthening, curative influence, and the letters which we are constantly publishing from women in every section of this country prove beyond question the merit of this famous root and herb medicine.

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DOINGS OF THE VAN LOONS



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